Triple HIV-1 Infection

TO THE EDITOR: Dual infection with different strains of HIV type 1 (HIV-1) is reported with increasing frequency, attributed mostly to coinfection at the time of the primary infection. However, some patients were superinfected with a second virus after the original seroconversion, which generally accelerated disease progression.

We encountered a case of serial HIV-1 superinfection resulting in a triple infection in a Dutch patient who was originally infected with a subtype B virus. A 35-year-old homosexual man was found to be HIV-1–seropositive in March 2001 and was referred for follow-up. Early in July 2003, the patient presented with acute onset of fever, rhinorrhea, cough, and arthralgia; the symptoms lasted for approximately one week. A plasma sample drawn during the episode of illness on July 24, 2003, showed an extremely high HIV-1 load with a markedly reduced CD4+ cell count (Fig. 1). Analysis of serial samples for viral genotype provided evidence of a novel HIV-1 infection by a circulating recombinant form 01_AE of the virus (subtype CRF01_AE) that dominated the viral population on July 24, 2003 (Fig. 2), and suggested that the patient also harbored a second subtype B virus. An investigation of stored plasma samples indicated that a superinfection resulted in a triple infection in a Dutch patient serially infected with three strains of HIV-1.

Figure 1. Changes in Plasma HIV-1 RNA Levels, CD4+ Cell Counts, and Viral Sequences in Samples Obtained from a Dutch Patient Serially Infected with Three Strains of HIV-1.

The HIV-1 viral-envelope (env) V3 sequences were amplified from plasma with the upstream primer 5’ACAGGGCCTAGYAMAATG3’ and the downstream primer 5’CCCCTCCACAATTAARCTRTG3’, which can amplify both HIV-1 subtypes B and CRF01_AE. A reverse-transcriptase–polymerase-chain-reaction analysis was performed as described elsewhere.3 Fragments were cloned and sequenced3; the number of clones obtained is indicated for each subtype of virus (B1 is shown as yellow, B2 green, and AE orange). Additional amplifications with strain-specific primers confirmed the absence of subtype B2 and CRF01_AE at early time points (data not shown).
infection can be superinfected or whether characteristic of the host or viral factors modulate susceptibility to superinfection. The main risk factor for serial HIV-1 infections in this patient was probably his reexposure by way of repeated unprotected sexual contact with other men infected with HIV-1. This unusual case illustrates the potential for repeated HIV-1 superinfection in an HIV-1–infected patient who continues to practice unsafe sex, and it underscores the need for continued preventive efforts aimed at ensuring safe sexual practices even among persons already infected with HIV-1.

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